



Mineral Research Laboratory Ltd
Sirrikuja 4 B 20, 00940 Helsinki FINLAND
mila@milab.fi
puh. 09-3424630
www.laboratorymila.com

REFERRAL

Name	Subscriber	Sampling time
Personal number		
o female		
o male		
DONE IN CONNECTION WITH SAMPLING		Billing address
B -Hct	B -HB	
E -for tests	E-Hct	
For the standardized Vit B1 B2 B6 -status, HB		Results are needed

REQUEST FOR TESTS (P=plasma, S=serum, B=whole blood, E=erythrocyte, f=fasting)

Test packages

	Code	Name	Included tests
<input type="radio"/>	8227	A comprehensive test package	fb-P, B -K, Mg, Zn, Mn, Se, E -Cu fE-B1, B2 ja B6 Vitamin status fp-FA, fatty acid profile fs- A, E- ja D-vitamins, fs-betacarotene, -lycopene ja -Q10 fs-Chol, Chol-HDL, Chol-LDL, Trigly, Chol-VLDL, HDL/Chol S -AST, ALT, ALP, GGT, Crea, -CRPhs S -Na, K, fs-Fe, fp-Gluc
<input type="radio"/>	9001	Vitamin-, mineral- fatty acid package A	fb-P, B -K, Mg, Zn, Mn, Se, E -Cu fE-B1, B2 ja B6 Vitamin status fp-FA, fatty acid profile fs- A, E- ja D-vitamins, fs-betacarotene, -lycopene ja -Q10
<input type="radio"/>	8218	Vitamin-, mineral- fatty acid package B	same as A (9001), but in stead of B -Zn is E -Zn eli fb-P, B -K, Mg, Mn, Se, E -Cu, -Zn
<input type="radio"/>	8310	Vitamin-, mineral- fatty acid package C	same as A (9001), but all minerals are from the whole blood
<input type="radio"/>	2245	Lipid package	fs-Chol, Chol-HDL, Chol-LDL, Trigly, Chol-VLDL, HDL/Chol
<input type="radio"/>	8305	Liver function test package	S -AST, ALT, ALP, GGT
<input type="radio"/>	9003	Basic health - package	fs-Chol, Chol-HDL, Chol-LDL, Trigly, Chol-VLDL, HDL/Chol S -AST, ALT, ALP, GGT, Crea, -CRPhs S -Na, K, fs-Fe, fp-Gluc
<input type="radio"/>	8125	Immuno plus	fs-A ja S -D-Vit, B -Zn, -Se, fs-Fe
<input type="radio"/>	8215	Minerals 3	B -Mg, Zn, Se
<input type="radio"/>	8213	Minerals 7	B -K, Mg, P, Zn, Se, Mn, Cu
<input type="radio"/>	8217	Minerals from the red blood cells 3	E -Mg, Zn, Se
<input type="radio"/>	8216	Minerals from the red blood cells 5	E -Mg, Zn, Se, Mn, Cu
<input type="radio"/>	8214	Minerals 5+2	B -K,Mg,P,Se,Mn, E -Zn,Cu
<input type="radio"/>	8306	Fat-soluble vitamins	fs-A-, E- ja D-vitamins
<input type="radio"/>	8307	β-carotene, lycopene	fs- betacarotene, -lycopene ja Q10
<input type="radio"/>	8220	A-, E-, D- vit ja carotenoids	fs- A, E- ja D-vitamiinit, fs- betacarotene, -lycopene
<input type="radio"/>	8221	B1, B2- ja B6-vit enzymatic status	fE-B1, fE-B2, fE-B6
<input type="radio"/>	8018	Fatty acid profile	fp-FA, includes 16 fatty acid and W6, W3, W6:W3, AA/EPA
<input type="radio"/>	8228	Standardized Iodine	U -I, U -Crea, U -I/U -Crea

Test list:

<input type="radio"/>	B -Cu	8010	<input type="radio"/>	E -Cu	8013	<input type="radio"/>	S -D-25	1220	<input type="radio"/>	fs-Chol	2095
<input type="radio"/>	B -K	8005	<input type="radio"/>	E -Mg	8152	<input type="radio"/>	fs-A-vit	1113	<input type="radio"/>	fs-Chol-HDL	2097
<input type="radio"/>	B -Mg	8006	<input type="radio"/>	E -Mn	8015	<input type="radio"/>	fs-E-vit	3169	<input type="radio"/>	fs-Trigly	2770
<input type="radio"/>	B -Mn	3748	<input type="radio"/>	E -Se	8016	<input type="radio"/>			<input type="radio"/>	fs-Chol-LDL	2099
<input type="radio"/>	B -Se	8011	<input type="radio"/>	E -Zn	8208	<input type="radio"/>			<input type="radio"/>	fs-Chol-VLDL	2100
<input type="radio"/>	B -Zn	2636	<input type="radio"/>			<input type="radio"/>	fs-Bcarot	3927	<input type="radio"/>	HDL/Chol	8174
<input type="radio"/>	fb-Fe	8007	<input type="radio"/>	fE-B1	8019	<input type="radio"/>	fs-Lycop	8017	<input type="radio"/>	S -ALP	1046
<input type="radio"/>	fb-P	8008	<input type="radio"/>	fE-B2	8020	<input type="radio"/>	fs-Q10	4363	<input type="radio"/>	S -ALT	1026
<input type="radio"/>			<input type="radio"/>	fE-B6	8021	<input type="radio"/>			<input type="radio"/>	S -AST	1128
<input type="radio"/>	U -I stand.	8014	<input type="radio"/>			<input type="radio"/>	P -OxLDL	8053	<input type="radio"/>	S -GGT	1489
<input type="radio"/>	U -I	1984	<input type="radio"/>			<input type="radio"/>	fp-Gluc	1468	<input type="radio"/>	S -Na	2382
<input type="radio"/>	U -Crea	2145	<input type="radio"/>			<input type="radio"/>	S -Crea	2143	<input type="radio"/>	S -K	2001
<input type="radio"/>			<input type="radio"/>			<input type="radio"/>	S -hsCRP	8022	<input type="radio"/>	fs-Fe	2566

Huom.

For the B-Mineral-tests B -Hct. If there is no measured B -Hct –value available, results are corrected with the constant B -Hct –value; female 39 % ja male 42 %.
For the E-Mineral-tests E -Hct. If there is no measured E -Hct –value available, results are corrected with the constant E -Hct –value; female 93 % ja male 94 %.

Report language: Finnish Swedish English

Notes: